



ALEXANDRA SARGENTO

Born in: 1975

Languages:
Portuguese (native language).

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TRAINING

2022 – Master in Performing Arts, FCSH – NOVA

Additional training

2009 – Workshop with Márcia Haufrecht, (EUA)

2008 – Workshop Higher School of Theater and Cinema with Peter Michael Dietz (Dancer and choreographer, Denmark)

2007 – Workshop with John Romão (actor and director, Portugal)

2002 – Workshop with Miguel Moreira (actor and director, Portugal)

1999 – Workshop with Etelvino Vasquez (director at Theater del Norte, Espanha)

1994 – Workshop with Nola Rae (Mime, Australia)

1995 – Workshop with John Been (street show creator)

1993/1996 – Professional School of Performing Arts and Crafts

1993 – Workshop with Theodoros Terzopoulos (director at Attis Theater, Greece)

1992 – Theatrical training with Luísa Cruz (Portugal)

ACTING EXPERIENCE

TV

2025 – “DesNorte”, produced by Coral to SIC channel

2024 – “Cacau”, produced by Plural to TVI channel

2024 – “Projeto 44”, produced by Coral to RTP channel

2024 – “Festa é Festa”, produced by Plural to TVI channel

2023 – “Cavalos de Corrida”, character Laura, series directed by André Santos e Marco Leão, produced by Ukbarn to RTP channel
2020 – “Luz Vermelha”, character Celeste Messias, series directed by André Santos e Marco Leão, produced by Vende-se filmes to RTP channel
2019 – “Um Alienígena Perto De Si”, character Lúgia Cardoso, series for Canal Q
2019 – “Inspector Max”, character Rodrigo’s mother, series produced by Coral Europa for TVI channel
2016 – “A Única Mulher”, - soap opera, produced by Plural Entertainment for TVI channel
2016 – “Ouro Verde”, - soap opera, produced by Plural Entertainment for TVI channel
2015 – “Mar Salgado”, character Margarida, produced by SP, for SIC channel
2015 – “Os Maias”, character Baronesa de Alvim, series directed by João Botelho, produced by Ar de Filmes for RTP channel
2014 – “Jardins Proibidos”, soap opera, produced by Plural Entertainment for TVI channel
2014 – “Destinos Cruzados”, soap opera, produced by Plural Entertainment for TVI channel
2012 – “Depois Do Adeus”, series produced by SP, for RTP channel
2012 – “Vestida Para Casar”, character Goretí, telefilm produced by Plural Entertainment for TVI channel.

FILM

2024 – “As Meninas Exemplares”, directed by João Botelho
2023 – “A Mulher Que Morreu De Pé”, directed by Rosa Coutinho Cabral
2022 – “O Jovem Cunhal”, directed by João Botelho
2022 – “Um Filme Em Forma De Assim”, directed by João Botelho
2021 – “Mar Da Palha”, directed by Pedro Paiva
2016 – “Axilas”, directed by José Fonseca e Costa
2014 – “Os Maias - Cenas Da Vida Romântica”, directed by João Botelho
2013 – “Perto” (short movie) directed by José Retré
2013 – “Jogo Maldito” (short movie) directed by David Rebordão

THEATER

2021/2025 – “Goretí - an old innocent child” – written and directed by Alexandra Sargento, Teatro do Bairro, Lisbon, Espaço das Aguncheiras; Sesimbra; Arbutus leaf, Loulé.
2024 – “A Liberdade é uma Maluca” written and directed by Hugo Mestre Amaro, Bairro Theater, Lisbon
2023 – “Pentesileia” by Kleist, directed by António Pires, Bairro Theater, Lisbon
2023 – “Colheres De Prata” by Rosa Coutinho Cabral, Micaelense Theater, Azores
2021 – “O Sonho” by Strindberg, directed by António Pires, Bairro Theater, Lisbon
2021 – “Goretí - an old innocent child” – written and directed by Alexandra Sargento, Bairro Theater, Lisbon
2020 – “Trilogia Dramática Da Terra Espanhola”, by Lorca, directed by António Pires, Bairro Theater, Lisbon
2020 – “Rei João” by Shakespeare, directed by António Pires, Bairro Theater, Lisbon
2019 – “Troianas” de Eurípidés, directed by António Pires, Bairro Theater, Lisbon
2018 – “Ivone”, Burgundy Princess by Witold Gombrowicz, directed by António Pires, Bairro Theater, Lisbon
2015 – “Lone Dog”, dramaturgy by Luísa Costa Gomes, directed by António Pires, Bairro Theater, Lisbon
2015 – “A Noite Do Choro Pequeno”, by João Ascenso, Luz Theater, Lisbon

2014/2015 – “A Cantora Careca”, by Eugène Ionesco, collective production, Bairro Theater and Trindade Theater, Lisbon

2014 – “Finis Praxis”, by Hugo Mestre Amaro, Bairro Theater, Lisbon

2013 – “Goreti”, performance by Alexandra Sargento and Fernando Rodrigues, part of the “Terra de Fogo” project, Galeria Zero Point Art, curated by Alex da Silva, Mindelo, Cape Verde

2012 – “Bela Adormecida e Outras Histórias”, by Robert Walser, directed by António Pires, Bairro Theater, Lisbon

2012 – “Apenas Jardim”, by Hugo Mestre Amaro, Bairro Theater, Lisbon

2011 – “Tisanas – Antídoto contra o cinzento dos dias” - by Ana Hatherly, directed by António Pires, Bairro Theater, Lisbon

2011 – “Goreti E Os Homens De Cristal”, by Alexandra Sargento, directed by Alexandra Sargento and Hugo Mestre Amaro, Bairro Theater, Lisbon

2005 – 2011 – “Hamlet Da Silva”, by Miguel Morillo, Mário Viegas Theater and Bairro Theater, directed by Eduardo Condorce

2011 – “Homossexualidade - Alma Sexo Do Homem”, directed by Rita Loureiro, staged readings, Nacional D. Maria II Theater, Lisbon

2010 – “Amor Com Amor Se Paga” – Homage to Mário Viegas, by Anton Tchekhov, Karl Valentin and Mário Cesariny, directed by Juvenal Garcês, Mário Viegas Theater, Lisbon

2009 – “A Dama De Copas E O Rei De Cuba”, by Timoncheco Wehbi, directed by Juvenal Garcês, Mário Viegas Theater, Lisbon

2009 – “Não Se Paga, Não Se Paga”, by Dario Fo, directed by João de Mello Alvim, Sintra Theater House, Sintra

2008 – “Terra de Fuga”, by Eduardo Condorcet, directed by Eduardo Condorcet, Trindade Theater, Lisbon

2008 – “Concerto Para 3 Irmãs”, adapted from the play “Três irmãs” by Anton Tchekhov, directed by João de Mello Alvim, Sintra Theater House, Sintra

2008 – “Apenas Jardim”, by Hugo Mestre Amaro, directed by Hugo Mestre Amaro, Trindade Theater, Lisbon

2008 – “Tontos”, by Maria João Garcia and Vítor de Andrade, directed by Maria João Garcia, Ginjal space, Almada

2008 – “Feliz Aniversário”, by Harold Pinter, directed by Karas, Comuna Theater, Lisbon

2006 – “Lídia - Mulher Bomba”, directed by Cláudio da Silva, Encontros Imediatos, Alkantara Festival

2005, 2006, 2010 e 2015 – “Hamlet Da Silva” by Miguel Morillo, directed by Eduardo Condorcet, Bairro Theater and Mário Viegas Theater, Lisbon

2005-2006 – “Auto Da Barca Do Inferno”, by Gil Vicente, directed by Ruy Pessoa, O Sonho Theater, Lisbon

2002-2006 – “Falar Verdade A Mentir”, by Almeida Garrett, directed by Ruy Pessoa, O Sonho Theater, Lisbon

2003 – “Kvetch”, by Steven Berkoff, Ninho de Víboras, directed by Eduardo Condorcet, Trindade Theater, Lisbon

2002 – “Salomé”, by Oscar Wilde, directed by Karas, Almada;

2001 – “Mãe Coragem”, by Bertolt Brecht, directed by Joaquim Benite, Almada Theater Company, Almada

2001 – “O Barbeiro De Sevilha”, adaptation of opera by Rossini, directed by Teresa Gafeira, Almada Theater Company, Almada

2000 – “O Corcunda Por Amor / O Noivado No Dafundo”, by Almeida Garrett, directed by Vítor Gonçalves, Almada Theater Company, Almada